# **BIRTHDAY PARTIES**

Kids are jumping, twirling and flipping for parties at the Y!

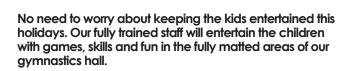
Treat your child to the best Birthday party without having to worry about keeping the kids entertained. Our fully trained staff will entertain your child's quests with endless games and fun in the fully matted areas of our gymnastics hall.



For more information about our Holiday Program, Term 1 2021 or Gymnastics Birthday Parties, contact reception by email: ywest.reception@ymcabrisbane.org or call 3376 4266.







January 2021 Gymnastics Holiday Program

#### YMCA JAMBOREE HEIGHTS

the Y this holidays!

76 Andaman Street, Jamboree Heights QLD 4074 p: (07) 3376 4266 w: www.ymcafitness.com/jamboree-heights f: /YMCAJamboreeHeights

Get the kids ready for lots of fun, jumping, swinging and rolling at



YMCA JAMBOREE HEIGHTS



# What Can You Expect at a YMCA Holiday Program?

## KinderGym Gym Play:

KinderGym Gym play is a casual non-structured 45-minute session where you get to supervise and bond with your child or children whilst playing, swinging, rolling and jumping using all our fun gymnastics and Ninja warrior equipment! For crawlers to age 5.

#### Ninja Sessions:

Get ready to race, climb, jump and swing on our ninja rig and floor course! Gain strength and agility in our 1 ½ hour holiday course run by our Ninja and gymnastics coaches! For ages 5 to 12.

#### Gymnastics Sessions:

Learn new Gymnastics, Tumbling and Team Gym skills, practise your favourite skills and play fun games with all your friends this holidays. Our Gymnastics 1  $\frac{1}{2}$  hour sessions will prepare your child for the term ahead whilst having fun and learning on our gymnastics equipment! No experience required! For ages 5 to 12.

## Parents' Responsibilities:

- Make sure your child brings a clearly labelled water bottle.
- Sign your child in at reception before session.



Holiday KinderGym Gym Play Sessions										
CLASS	MON	TUE	WED	THUR	FRI	SAT	CASUAL COST PER SESSION:			
<b>GYM Play</b> 45 Mins Crawling to 5 yrs	9.30am to 10.15am	-	9:15am to 10.15am	-	-	-	\$10 (to be paid on the day)			

Ninja and Gymnastics Holiday Sessions									
CLASSES	MON	TUE	WED	THUR	FRI	SAT	COST PER SESSION:		
<b>Gymnastics</b> 1.5 hrs 5-12 Yrs	1:00pm to 2:30pm		1:00pm to 2:30pm	-	-	-	\$20		
YMCA NINJA 1.5 hrs 5-12 Yrs	10:30am to 12:00pm	-	10:30am to 12:00pm	-	-	-	\$20		

The January Holiday program will be running from Monday 11th of January till Wednesday 20th of January 2021.

How Do I Make A Booking For Ninja Or Gymnastics?

It's simple! Give us a call on 3376 4266!



#### YMCA JAMBOREE HEIGHTS